### Elementary Distance Learning Activity Matrix: Kindergarten

Directions: Select one option from each column per day. Place a check in the boxes you completed.

<table>
<thead>
<tr>
<th>Reading &amp; Writing</th>
<th>Mathematics</th>
<th>Science &amp; Social Studies</th>
<th>Health &amp; Social/Emotional Learning</th>
<th>Art and Music</th>
<th>Physical Education/Brain Break</th>
</tr>
</thead>
<tbody>
<tr>
<td>Choose a just-right book and read for at least 15 minutes.</td>
<td>Using things around your home, create an AB, an AAB, and an ABC pattern. Draw and label your patterns.</td>
<td>Choose an experiment from <a href="http://www.sciencefun.org/kidszone/experiments/">http://www.sciencefun.org/kidszone/experiments/</a> to do.</td>
<td>Make a list of 5 things you can do to be a good friend.</td>
<td>Draw yourself as (pick one):</td>
<td>Do 15 jumping jacks, 10 sit-ups and 5 push ups.</td>
</tr>
<tr>
<td>Choose a story on <a href="https://classroommagazines.scholastic.com/support/learnathome/gades-prek-k.html">https://classroommagazines.scholastic.com/support/learnathome/gades-prek-k.html</a> Read it and complete the activity that accompanies it.</td>
<td>Choose a number between 1-10. Write that number in at least 5 different ways. You can use digits, words, equations, tally marks, coins, pictures, or other symbols.</td>
<td>Choose a science video from <a href="http://www.sciencekids.co.nz/lessonplans/water.html">http://www.sciencekids.co.nz/lessonplans/water.html</a> to watch and complete the activity.</td>
<td>Work with an adult to make a healthy snack.</td>
<td>Dance to your favorite song.</td>
<td>Play a non-electronic game with someone at home.</td>
</tr>
<tr>
<td>Draw a picture for or write a letter to a friend or relative. Mail or email it to them.</td>
<td>Choose a Kindergarten activity on <a href="https://www.khanacademy.org/math">https://www.khanacademy.org/math</a> to complete.</td>
<td>Create a “Good Citizen” poster. Draw and write about how you can help people at home and in the community.</td>
<td>Create a drawing of your favorite healthy food choices.</td>
<td>Teach someone a song you’ve learned at school.</td>
<td>Clean or organize your room.</td>
</tr>
<tr>
<td>Draw and write about what you want to be when you grow up. Describe what your job would be like and why you want to do that.</td>
<td>Go on a shape hunt in your house for 3D shapes. Draw an example of a cube, cylinder, cone, rectangular prism, and sphere.</td>
<td>Read a poem and draw a picture of what you visualize while reading the poem. Poems can be found at <a href="https://poets.org/text/poems-kids">https://poets.org/text/poems-kids</a></td>
<td>Help with a chore.</td>
<td></td>
<td></td>
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</tbody>
</table>
# Elementary Distance Learning Activity Matrix: Grade 1

**Directions:** Select one option from each column per day. Place a check in the boxes you completed.

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<tr>
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</tr>
</thead>
<tbody>
<tr>
<td>Choose a just-right book and read for at least 15 minutes.</td>
<td>Write 3 addition story problems. Ask someone to solve them and check their work.</td>
<td>Choose an experiment from <a href="http://www.sciencefun.org/ki">http://www.sciencefun.org/ki</a> dszone/experiments/ to do.</td>
<td>Make a list of 5 things you can do to show kindness to others.</td>
<td>Draw a silly food (pick one): ● a walking taco ● a sandwich on vacation ● a garden of lollipops</td>
<td>Make a list of exercises you could do each day of the week.</td>
</tr>
<tr>
<td>Choose a story on <a href="https://classroommagazines.scholastic.com/support/learnathome/grades-prek-k.html">https://classroommagazines.scholastic.com/support/learnathome/grades-prek-k.html</a></td>
<td>Choose a number between 1-50. Write that number in at least 5 different ways using digits, words, equations, tally marks, coins, pictures, or other symbols.</td>
<td>Draw a map of your house and color it.</td>
<td>Make a list of 5 things you are good at.</td>
<td>Dance to your favorite song.</td>
<td>Play a non-electronic game with someone at home.</td>
</tr>
<tr>
<td>Choose an activity from iReady at <a href="https://www.curriculumassociate">https://www.curriculumassociate</a> s.com/supporting-students-away-from-school?utm_source=VanityURL_Call_562381a&amp;utm_medium=WordofMouth_Multi-use&amp;utm_content=iready_ATHO ME&amp;utm_campaign=vanity</td>
<td>Practice addition facts for at least 15 minutes.</td>
<td>Choose a science video from <a href="http://www.sciencekids.co.nz/les">http://www.sciencekids.co.nz/les</a> sonplans/water.html to watch and complete the activity.</td>
<td>Think About and Act: What does it mean to be a friend? How could you show friendship? What does it mean to be grateful? How can you show gratitude?</td>
<td>Draw something make-believe (pick one): ● a troll riding a unicorn ● a dragon breathing rainbows ● an alien driving a car</td>
<td>Play a tag game outside or use one of these sites for an indoor activity <a href="https://www.gonoodle.com/">https://www.gonoodle.com/</a> <a href="https://www.cosmickids.com/">https://www.cosmickids.com/</a></td>
</tr>
<tr>
<td>Draw a picture for or write a letter to a friend or relative. Mail or email it to them.</td>
<td>Choose a 1st grade activity on <a href="https://www.khanacademy.or">https://www.khanacademy.or</a> g/math to complete.</td>
<td>Create a “Good Citizen” poster. Draw and write about how you can you help people at home and in the community.</td>
<td>Create a drawing of your favorite healthy food choices.</td>
<td>Teach someone a song you’ve learned at school.</td>
<td>Clean or organize your room.</td>
</tr>
<tr>
<td>Write about a person who is important to you. What makes that person special?</td>
<td>Make a time log. Write down what you are doing at 9:00, 12:00, 2:30, and 5:00.</td>
<td>Read a poem and draw a picture of what you visualize while reading the poem. Poems can be found at <a href="https://poets.org/text/poems-kids">https://poets.org/text/poems-kids</a></td>
<td>Help with a chore.</td>
<td></td>
<td></td>
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</tbody>
</table>
# Elementary Distance Learning Activity Matrix: Grade 2

**Directions:** Select one option from each column per day. Place a check in the boxes you completed.

<table>
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<tr>
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</tr>
</thead>
</table>
| Choose a just-right book and read for at least 20 minutes. | Write 3 subtraction story problems. Ask someone to solve them and check their work. | Choose an experiment from http://www.sciencefun.org/kidszone/experiments/to do. | Make a list of 5 things you can do to show your friends and family members respect. | Draw an interesting object (pick one)  
- a crying crayon  
- a pair of shoes made out of flowers  
- a house made out of candy | Sing the alphabet with names of objects rather than the letters. |
| Choose a story on https://classroommagazines.scholastic.com/support/learnathome/grades-prek-k.html Read it and complete the activity that accompanies it. | Choose a number between 1-100. Write that number in at least 5 different ways. You can use digits, words, equations, tally marks, coins, pictures, or other symbols. | Create a “Good Citizen” poster. Draw and write about how you can you help people at home and in the community. | Play “Feelings Charades” with someone. Take turns acting out each of the following emotions. See if you can guess each one:  
- excited  
- lonely  
- frustrated  
- confused | Make up new lyrics or add a new verse to your favorite song. | Play a non-electronic game with someone at home. |
| Choose an activity from iReady at https://www.curriculumassociates.com/supporting-students-away-from-school?utm_source=VanityURL_CA&utm_medium=WordofMouth_MULTI-use&utm_campaign=iready_ATHOME&utm_content=vanity | Practice subtraction facts for at least 15 minutes. | Choose a science video from http://www.sciencekids.co.nz/lessonplans/water.html to watch and complete the activity. | Make a list of 5 things you can do to cheer yourself up when you are feeling sad. | Draw a silly animal (pick one)  
- a fish swimming in something other than water  
- a horse surfing  
- a shark eating a cupcake | Play a tag game outside or use one of these sites for an indoor activity https://www.gonoodle.com/  
https://www.cosmickids.com/ |
| Write a letter to a friend or relative. Mail or email it to them. | Choose a 2nd grade activity on https://www.khanacademy.org/math to complete. | Visit http://www.wonderopolis.org/ and choose a Wonder to watch and explore. | Create a “Bus Safety” poster showing 5 ways kids can be safe getting on/off the bus, and while riding the bus. | Play “Rhythm Copycat.” Clap a rhythm and have someone repeat it. | Clean or organize your room. |
| Write about a time when you were really happy. Describe what happened. | Practice counting coins. | | | Help with a chore. |
# Elementary Distance Learning Activity Matrix: Grade 3

**Directions:** Select one option from each column per day. Place a check in the boxes you completed.

<table>
<thead>
<tr>
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</tr>
</thead>
</table>
| Choose a just-right book and read for at least 30 minutes. | Write 3 multiplication story problems. Ask someone to solve them and check their work. | Choose an experiment from [http://www.sciencefun.org/kidszone/experiments/](http://www.sciencefun.org/kidszone/experiments/) to do. | Make a list of 5 things you can do to show responsibility at home or at school. | Draw an interesting object (pick one)  
- a crying crayon  
- a pair of shoes made out of flowers  
- a house made out of candy | Play a tag game outside or use one of these sites for an indoor activity [https://www.gonoodle.com/](https://www.gonoodle.com/)  
[https://www.cosmickids.com/](https://www.cosmickids.com/) |
| Choose a story on [https://classroommagazines.scholastic.com/support/leamathom/grades-prek-k.html](https://classroommagazines.scholastic.com/support/leamathom/grades-prek-k.html) Read it and complete the activity that accompanies it. | Practice multiplication facts for at least 15 minutes. | Visit [http://www.wonderopolis.org/](http://www.wonderopolis.org/) and choose a Wonder to watch and explore. | Make a list of 5 things you can do to calm yourself down when you are feeling upset. | Make up new lyrics or add a new verse to your favorite song. | Play a non-electronic game with someone at home. |
- a cat chasing a dog  
- a flamingo doing a dance  
- a crab at a birthday party | Make a “continuation story” with your family. One family member begins a story for 30 seconds. Another family member picks up where the story left off. Continue until each family member has contributed to the story. |
| If you could be any animal, which one would you be and why? Write about the reasons for your choice and describe the things you could do as that animal. | Create a fraction drawing to show how you would split a pizza into equal slices between all of your family members. | Choose a social studies video from [https://jr.brainpop.com/socialstudies/](https://jr.brainpop.com/socialstudies/) to watch and complete the quiz. | Write about a time when you made a mistake. What did you learn from your mistake? How will you change what you do from now on? | Read a poem and draw a picture of what you visualize while reading the poem. Poems can be found at [https://poets.org/text/poems-kids](https://poets.org/text/poems-kids) | Help with a chore. |
| Write a letter to a friend or relative. Mail or email it to them. |  |  |  |  |  |
## Elementary Distance Learning Activity Matrix: Grade 4

Directions: Select one option from each column per day. Place a check in the boxes you completed.

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</tr>
</thead>
<tbody>
<tr>
<td>Choose a just-right book and read for at least 40 minutes.</td>
<td>Write 3 division story problems. Ask someone to solve them and check their work.</td>
<td>Choose an experiment from <a href="http://www.sciencefun.org/kidszone/experiments/">http://www.sciencefun.org/kidszone/experiments/</a> to do.</td>
<td>Make a list of 5 things you could do to prevent or stop bullying.</td>
<td>Draw something you see when you look: ● around your bedroom ● out your window ● in the mirror ● at a pet or family member</td>
<td>Play a tag game outside or use one of these sites for an indoor activity <a href="https://www.gonoodle.com/">https://www.gonoodle.com/</a> <a href="https://www.cosmickids.com/">https://www.cosmickids.com/</a></td>
</tr>
<tr>
<td>Choose a story on <a href="https://classroommagazines.scholastic.com/support/learnathome/grades-prek-k.html">https://classroommagazines.scholastic.com/support/learnathome/grades-prek-k.html</a> Read it and complete the activity that accompanies it.</td>
<td>Practice multiplication facts for at least 15 minutes.</td>
<td>Choose one of the following experiments from <a href="http://www.sciencefun.org/kidszone/experiments/">http://www.sciencefun.org/kidszone/experiments/</a> to do.</td>
<td>Make a list of 5 things you like about yourself.</td>
<td>Listen to a song. Try to identify the instruments you hear.</td>
<td>Play a non-electronic game with someone at home.</td>
</tr>
<tr>
<td>Choose an activity from iReady at <a href="https://www.curriculumassociates.com/supporting-students-away-from-school?utm_source=VanityURL_CAI-562381a&amp;utm_medium=WordofMouth_Multi-use&amp;utm_content=iReady_ATHOME&amp;utm_campaign=vanity">https://www.curriculumassociates.com/supporting-students-away-from-school?utm_source=VanityURL_CAI-562381a&amp;utm_medium=WordofMouth_Multi-use&amp;utm_content=iReady_ATHOME&amp;utm_campaign=vanity</a></td>
<td>Choose a 4th grade activity on <a href="https://www.khanacademy.org/math">https://www.khanacademy.org/math</a> to complete.</td>
<td>Choose a science video from <a href="http://www.sciencekids.co.nz/lessonplans/water.html">http://www.sciencekids.co.nz/lessonplans/water.html</a> to watch and complete the activity.</td>
<td>Write about a time you set a goal for yourself and stuck with it. How did you feel when you accomplished your goal?</td>
<td>Read a poem and draw a picture of what you visualize while reading the poem. Poems can be found at <a href="https://poets.org/text/poems-kids">https://poets.org/text/poems-kids</a></td>
<td>Make a &quot;continuation story&quot; with your family. One family member begins a story for 30 seconds. Another family member picks up where the story left off. Continue until each family members has contributed to the story.</td>
</tr>
<tr>
<td>A bucket list is a list of things you want to see, experience, or accomplish in your lifetime. Write about 5 things on your bucket list. Describe why those things are important to you?</td>
<td>With parent permission, go outside for a nature hike. Look for examples of the following geometric shapes in nature: rectangles, circles, triangles, ovals, cylinders, cones, rectangular prisms.</td>
<td>Visit <a href="http://www.wonderopolis.org/">http://www.wonderopolis.org/</a> and choose a Wonder to watch and explore.</td>
<td>What qualities make a good friend? Make a list or a drawing to show what this might look like.</td>
<td>Create your own homemade musical instrument from objects you find at home (such as empty boxes, pencils, toilet paper rolls, etc.)</td>
<td>Clean or organize your room.</td>
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<tr>
<td>Write a letter to a friend or relative. Mail or email it to them.</td>
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</table>
## Elementary Distance Learning Activity Matrix: Grade 5

Directions: Select one option from each column per day. Place a check in the boxes you completed.

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</tr>
</thead>
<tbody>
<tr>
<td>Choose a just-right book and read for at least 50 minutes.</td>
<td>Write 4 story problems—one that uses addition, one that uses subtraction, one that uses multiplication, and one that uses division. Ask someone to solve them and check their work.</td>
<td>Choose an experiment from <a href="http://www.sciencefun.org/kidszone/experiments/">http://www.sciencefun.org/kidszone/experiments/</a> to do.</td>
<td>Make a list of 5 safety tips every kid should know to stay safe.</td>
<td>Draw something you see when you look: ● around your bedroom ● out your window ● in the mirror ● at a pet or family member</td>
<td>Make a “continuation story” with your family. One family member begins a story for 30 seconds. Another family member picks up where the story left off. Continue until each family member has contributed to the story.</td>
</tr>
<tr>
<td>Choose a story on <a href="https://classroommagazines.scholastic.com/support/learnathome/grades-prek-k.html">https://classroommagazines.scholastic.com/support/learnathome/grades-prek-k.html</a> Read it and complete the activity that accompanies it.</td>
<td>Practice multiplication or division facts for at least 15 minutes.</td>
<td>Choose one of the following experiments from <a href="http://www.sciencefun.org/kidszone/experiments/">http://www.sciencefun.org/kidszone/experiments/</a> to do.</td>
<td>Write about a time when you felt you were treated unfairly. How did you handle it? Do you wish you would have done anything differently?</td>
<td>Listen to a song. Try to identify the instruments you hear.</td>
<td>Play a non-electronic game with someone at home.</td>
</tr>
<tr>
<td>Choose an activity from iReady at <a href="https://www.curriculumassociates.com/supporting-students-away-from-school?utm_source=VanityURL_CAI-5929331a&amp;utm_medium=WordofMouth_Multi-use&amp;utm_content=iready_ATHOME&amp;utm_campaign=vanity">https://www.curriculumassociates.com/supporting-students-away-from-school?utm_source=VanityURL_CAI-5929331a&amp;utm_medium=WordofMouth_Multi-use&amp;utm_content=iready_ATHOME&amp;utm_campaign=vanity</a></td>
<td>Choose a 5th grade activity on <a href="https://www.khanacademy.org/math">https://www.khanacademy.org/math</a> to complete.</td>
<td>Choose a science video from <a href="http://www.sciencekids.co.nz/lessons/water.html">http://www.sciencekids.co.nz/lessons/water.html</a> to watch and complete the activity.</td>
<td>Do something kind for someone in your family.</td>
<td>Read a poem and draw a picture of what you visualize while reading the poem. Poems can be found at <a href="https://poets.org/text/poems-kids">https://poets.org/text/poems-kids</a></td>
<td>Play “Would You Rather?” with a partner. Take turns asking and answering “would you rather” questions, such as: ● Be able to control the weather or talk to animals?</td>
</tr>
<tr>
<td>A hero is someone who is admired for their courage and achievements. Write about your heroes. Describe why you admire them.</td>
<td>Choose a 5th grade activity on <a href="https://www.khanacademy.org/math">https://www.khanacademy.org/math</a> to complete.</td>
<td>Choose a social studies video from <a href="https://jr.brainpop.com/socialstudies/">https://jr.brainpop.com/socialstudies/</a> to watch and complete the quiz.</td>
<td>Create an “Online Safety” poster that lists at least 5 ways kids can be safe online.</td>
<td>Create your own homemade musical instrument from objects you find at home (e.g., empty boxes, pencils, toilet paper rolls, etc.).</td>
<td>Clean or organize your room.</td>
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<tr>
<td>Clean or organize your room.</td>
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<td></td>
<td></td>
<td>Help with a chore.</td>
</tr>
</tbody>
</table>
# Elementary Distance Learning Activity Matrix: Grade 6

Directions: Select one option from each column per day. Place a check in the boxes you completed.

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</tr>
</thead>
<tbody>
<tr>
<td>Choose a just-right book and read for at least 50 minutes.</td>
<td>Write 4 story problems-one that uses addition, one that uses subtraction, one that uses multiplication, and one that uses division. Ask someone to solve them and check their work.</td>
<td>Choose an experiment from <a href="http://www.sciencefun.org/kidsonline/experiments/">http://www.sciencefun.org/kidsonline/experiments/</a> to do.</td>
<td>Make a list of 5 safety tips every kid should know to stay safe.</td>
<td>Draw something you see when you look: • around your bedroom • out your window • in the mirror • at a pet or family member.</td>
<td>Make a &quot;continuation story&quot; with your family. One family member begins a story for 30 seconds. Another family member picks up where the story left off. Continue until each family member has contributed to the story.</td>
</tr>
<tr>
<td>Choose a story on <a href="https://classroommagazines.scholastic.com/support/learnathome/grades-prek-k.html">https://classroommagazines.scholastic.com/support/learnathome/grades-prek-k.html</a> Read it and complete the activity that accompanies it.</td>
<td>Practice multiplication or division facts for at least 15 minutes.</td>
<td>Choose one of the following experiments from <a href="http://www.sciencefun.org/kidsonline/experiments/">http://www.sciencefun.org/kidsonline/experiments/</a> to do.</td>
<td>Write about a time when you felt you were treated unfairly. How did you handle it? Do you wish you would have done anything differently?</td>
<td>Listen to a song. Try to identify the instruments you hear.</td>
<td>Play a non-electronic game with someone at home.</td>
</tr>
<tr>
<td>A hero is someone who is admired for their courage and achievements. Write about your heroes. Describe why you admire them.</td>
<td>Choose a 5th grade activity on <a href="https://www.khanacademy.org/math">https://www.khanacademy.org/math</a> to complete.</td>
<td>Choose a social studies video from <a href="https://jr.brainpop.com/socialstudies">https://jr.brainpop.com/socialstudies</a> to watch and complete the quiz.</td>
<td>Create an “Online Safety” poster that lists at least 5 ways kids can be safe online.</td>
<td>Create your own homemade musical instrument from objects you find at home (e.g., empty boxes, pencils, toilet paper rolls, etc.).</td>
<td>Help with a chore.</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Play a non-electronic game with someone at home.</td>
</tr>
</tbody>
</table>